

Information for travelers - Coronavirus COVID-19

The Chief Epidemiologist recommends that travelers avoid unnecessary trips to China where the COVID-19 epidemic is currently widespread.

Residents in Iceland who have been travelling in China and return to Iceland are encouraged to remain in quarantine at home for 14 days after leaving China, see [instructions for persons in quarantine Opnast í nýjum glugga](#). Persons in quarantine who develop symptoms of respiratory infection, especially when accompanied by fever, should contact Læknavaktin urgent care services at 1700 or their own primary care clinic by phone, but should not present to any patient care location unannounced.

A significant number of COVID-19 infections have been reported in the past few days in several regions of Northern Italy ([Piedmont Opnast í nýjum glugga](#), [Lombardy Opnast í nýjum glugga](#), [Veneto Opnast í nýjum glugga](#) and [Emilio-Romagna Opnast í nýjum glugga](#)). Travellers returning to Iceland from these four regions should also respect quarantine for 14 days, see [instructions for persons in quarantine Opnast í nýjum glugga](#). Persons who develop symptoms of respiratory infection after travelling in these regions should contact Læknavaktin urgent care services at 1700 or their own primary care clinic by phone, but should not present to any patient care location unannounced. The Chief Epidemiologist recommends that travelers avoid unnecessary trips to the above four regions of Italy for the timebeing, and urges consideration of the effects that epidemic response measures in Italy may have on travel. It is important for travellers to keep up to date on developments in the coming days, both in the Italian media and on this website as the definitions for affected areas may change rapidly.

Please note that until now no cases have been reported from ski resorts in the affected regions and no cases have been reported from South-Tyrol.

Additional countries, most of them in Asia, have reported increasing numbers of cases signaling a possible ongoing community transmission in the recent days. Please return to this site for updated information as the situation becomes clearer.

The Chief Epidemiologist encourages individuals currently traveling abroad, especially those in countries where cases of COVID-19 have been reported to:

- Monitor travel restrictions and restrictions on social activities made by the local authorities and adjust travel plans as necessary.
- Practice good personal hygiene, especially thorough hand washing.

- Use alcohol-based hand sanitizer if access to water and soap is limited. Water and soap is always preferred if hands are visibly dirty.
- Avoid close contact with people with common cold symptoms or cough.
- Avoid touching the mouth, nose or eyes with unwashed hands.
- Use a cloth to cover the face when sneezing or coughing and wash your hands regularly.
- Avoid contact with live or dead animals and their waste.

Chief Epidemiologist

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